

All treatments carried out by Registered Nurse Louise Mackintosh.

FACIAL LINE SOFTENING

Botox (trade name for botulinum toxin), is an injectable substance that is used in extremely small doses to temporarily prevent the transmission of nerve impulses to a specific muscle, resulting in the diminished appearance of lines and wrinkles. The treatment involves application of a topical anaesthetic, then a few tiny injections to precise areas of the face. Mild discomfort may be experienced, however, the treatment only takes around 5 -10 minutes and patients usually leave the clinic with no obvious signs that they have had any treatment done at all. The effects are apparent approximately 3-6 days after treatment and can take up to 2 weeks to obtain the final result. The effects generally wear off 3-4 months later but can last up to 6 months. Detailed aftercare instructions are given and a 2 week review appointment is offered following treatment.

From £150-£350

DERMAL FILLERS

A gentle and long lasting clear gel is injected into the dermal layer of the skin. The gel contains hyaluronic acid, a substance that occurs naturally in the body to keep the skin hydrated. It can be injected into areas of the face, neck, décolletage and hands to restore volume and elasticity to wrinkles/lines and deep folds, creating a smoother, more youthful appearance. They can also be used to enhance the lips and recontour areas of the face such as the cheeks and chin. The filler contains local anaesthetic to make the injection process a more comfortable experience. Many people report feeling no pain at all during their treatment and have minimum side effects. The effects of the treatment are visible immediately, and any swelling or bruising is usually short-lived and can be camouflaged with make-up. The results can last up to 12 months.

From £220

SKIN REHYDRATION TREATMENT

An injectable treatment that offers deep hydration to give a smoother, firmer skin in areas that are often susceptible to sun damage and signs of ageing. The face, neck, décolletage and hands are the areas of the body that are usually exposed to environmental damage and can give away our age or regrettably make us look even older. Many creams may only temporarily moisturise the surface of the skin, therefore deep and effective hydration is fundamental in maintaining a healthy skin tone and elasticity. A course of 3 treatments is recommended, approximately 2 weeks apart.

**£180 per individual treatment
or £500 for a course of 3 treatments**

HYPERHIDROSIS

This is a condition that involves excessive sweating in the armpits. Unsightly sweat patches on clothing can be embarrassing and lead to low self esteem. Fortunately, this can be controlled. Topical anaesthetic is applied prior to small amounts of botulinum toxin (botox) being injected into the underarms to prevent the nerve signals that stimulate the sweat glands, thus reducing the amount of sweat in that area. Improvement in the condition can become evident in a few days. Although results can vary, the treatment can last for up to 6 months, or perhaps even longer. A review appointment is given after 4 weeks.

Price £400

DERMAL ROLLER

A much sought after treatment, also known as micro-medical skin needling. A skin renewal technique that creates a smoother, healthier, younger-looking skin with minimal down time. A topical anaesthetic is applied prior to the dermaroller device being passed over the skin. This creates micro channels which allow increased absorption of applied creams and stimulates the production of collagen and elastin. The skin regenerates and repairs itself as a result of its own natural healing process. The skin can become red and feel similar to sunburn immediately after treatment, however, it usually recovers within 1-2 hours. Usually 3 sessions are recommended approximately 6 weeks apart. The treatment is suitable for most areas of the body. It can be used for skin rejuvenation, anti-wrinkle, acne scarring, stretch marks and pigmentation.

Price from £200

MICRODERMABRASION

A micro-resurfacing treatment that mechanically exfoliates the skin, using a diamond tip and adjustable suction. Microdermabrasion may be performed to help reduce the appearance of fine lines, pigmentation, acne scarring and open pores. The outermost layer of the skin is removed, collagen production is stimulated and skin congestion is relieved by unclogging pores. Microdermabrasion is suitable and beneficial for the face, upper arms, hands and most other areas of the body. It is a superb skin prep prior to other treatments such as milia (whitehead) and comedone (blackhead) removal, self tan application or make up application for a forthcoming event. Skin is slower to slough off as we age, therefore regular and thorough exfoliation is essential to keep skin fresh and radiant. This is a pleasant treatment and one of the most popular aesthetic procedures performed.

Price £60

ADVANCED AHA SKIN PEELS

Using PRIORI® cosmeceuticals to help restore your skin to optimum health and fitness. Advanced AHA with LCA complex, a unique combination of lactic acid with time released essential skin antioxidant vitamins to deeply hydrate, refine and rejuvenate. Suitable for all skin types, each treatment is customised according to individual needs.

SKIN RENEWAL PEEL - To exfoliate and hydrate the skin to promote a youthful, smoother, firmer appearance. Ideal for most skin types including dry, mature or sun-damaged skin or normal skin that needs a boost.

SKIN PERFECTION PEEL – To deeply cleanse, exfoliate and invigorate the skin. Ideal to help clarify problem prone skins.

DELUXE INTENSE HYDRATION PEEL – A superior anti-ageing peel incorporating a lifting acupressure massage and intense hydrating mask for optimum results. An intense yet relaxing treatment.

From £60

Please note: All clients must be acclimatised to the PRIORI® Advanced AHA products for at least 2 weeks prior to peel.

PRIORI SKINCARE

As the perfect complement to many aesthetic treatments, PRIORI skincare products offer a bespoke homecare regime to maximise and accelerate the improvement in your skin. PRIORI is the first and only Bioengineered Skincare brand. The products are formulated on the latest clinical scientific research. The patented anti-oxidant technology provides the optimum anti-ageing results by targeting the skin at cellular level. Guidance on the correct products and appropriate usage is advised.

From £17

INTENSE PULSED LIGHT (IPL)

PERMANENT HAIR REMOVAL

The world leading Pulsar IPL system delivers safe bursts of light which are absorbed by the melanin in your hair, destroying the follicle from the root with minimum discomfort and no side effects. Results are effective, long lasting, quick, virtually pain-free and clinically safe. Because Pulsar is a gentle, non-invasive treatment, it can be used on all areas of the body for both men and women. A course of 6-10 treatments is recommended.

ROSACEA and VEIN TREATMENT

Pulsar IPL offers the perfect solution to broken veins and rosacea. The light is absorbed into the targeted blood vessels causing them to coagulate and break down. This clinically proven method shows results after a few sessions.

PHOTO REJUVENATION

This non-invasive advanced beauty treatment is effective in removing sun damage (pigmentation), stimulating new cell growth and increasing collagen production. A fantastic way to revive the skin leaving the complexion revitalised and glowing even after one session.

From £50

A patch test is recommended prior to all IPL treatments. Cost £25, redeemable against first full treatment.



SEMI PERMANENT MAKE-UP

Semi-permanent Make-Up with its advanced new technique and procedures will enhance your natural beauty and give your features shape and definition without ever having to visit your make-up bag.

Also known as Micropigmentation, it is the term used for applying coloured pigments into the dermal layer of the skin. The procedure is completely safe and effective and used for a variety of semi-permanent cosmetic enhancements such as eyebrows, eyeliner and lip liners.

Women of all ages are experiencing the difference micropigmentation can make. After just one procedure you can have stunning smudge free make-up that will last for several years.

Call us today to book a consultation.



34 Great Western Road
Aberdeen, AB10 6PY
info@thehousespa.co.uk
www.thehousespa.co.uk